



Vairochana

OM AH VAIROCHANA HUNG ❖ CROWN CHAKRA

OM AH AKASHA DEVI HUNG ❖ GREAT MOTHER OF SPACE ELEMENT



Chenrezig



Buddha Maitreya



Kutsering - long Life - Nectar Fountain



Visit of H.H. Kyabje Trijang Choktrul Rinpoche

Dear members and friends,

We are delighted and deeply honoured to share some moments of the visit of H.H. Kyabje Trijang Choktrul Rinpoche, the reincarnation of H.H. Kyabje Trijang Dorje Chang Lobsang Yeshe Tenzin Gyatso (1900-1981), one of the most important Buddhist masters of the XX century, master of H.H. XIV Dalai Lama and Root Guru of our precious master Lama Gangchen Rinpoche.

We are immensely fortunate that H.H. Kyabje Trijang Choktrul Rinpoche - accompanied by His consort Kunsang-La and His precious son Dung Saey Ratna Gegyal - returned, after one year, to Italy and once again touched the ground of our centre with His holy feet, bringing us His blessings and sharing with us His wisdom.

Furthermore we were blessed by the presence of the monastic Sangha and of important masters such as Venerable Gonsar Rinpoche and Venerable Rabten Rinpoche.

Indeed, a precious opportunity to develop our spiritual path and achieve enlightenment by improving mindfulness in our daily life.

This special event is dedicated to overcoming the present conflicts plaguing our world, as well as the global economic crisis.





Ven. Gonsar Rinpoche - HH Trijang Choktrul Rinpoche - Lama Gangchen - Lama Michel









His Holiness bestowed a special blessing and consecration to the statues of the Five Dhyani Buddhas, the Five Great Element Mothers, Prajnaparamita and Chenrezig. The statues coming from Borobudur (Java Island) have now been fully painted and decorated with precious and natural colours using pearl, gold, turquoise, coral, lapis lazuli. On this occasion the transmission of the related practices were bestowed.





H.H. Kyabje Choktrul Trijang Rinpoche also conferred the Vajrasattva Empowerment.

Vajrasattva, known as the Prince of Purity, the Diamond Being, is the essence of the power to purify all negative actions committed with body, speech and mind. Vajrasattva is a member of the Akshobya family and can annihilate the results of suffering produced by our negative actions, and therefore protect us from present and future suffering by looking into the deepest part of us. With this practice we can purify body, speech and mind on a subtle and very subtle level.







Borobudur... 🦶🦶 🦶🦶 🦶🦶 🦶🦶 🦶🦶 ...Brazil





SHIDE CHOE TSOQ CENTRE SAO PAULO



BRAZIL



CAMPOS DE JORDAO



BUZIOS



In Sao Paulo and in Campos de Jordao there are ten statues (5 Dhyani Buddhas and 5 Mothers) and a large Borobudur stupa

In Buzios there are the 5 Dhyani Buddhas



SITIO VIDA DE CLARA LUZ



The Panels and statues are being delivered ...









25 AÑOS CON LAMA GANGCHEN RIMPOCHE

Festival de las artes para la paz



Taller de Pintura tradicional con Duccio, Stefano y Dekila

Se pintaran las estatuas de piedra de lava de los Budas de Borobudur del centro Entorno de Paz, con colores y pigmentos hechos de tierra y minerales como en la antigüedad, esta técnica permite obtener una luminosidad más bella, similar a la visión de la deidad cuando meditamos. 18-24 septiembre 2017

Centro de Meditación Ngalso Entorno de Paz

Teatro Musical: "Si Buda fuera tu vecino"

con **United Peace Artist**

22 de Septiembre 2017 Auditorio Maestro Padilla

**Lama Gangchen Rinpoche y Lama Caroline
Iniciación de Saraswati**

La deidad de las artes y las letras

23 y 24 de Septiembre 2017

Centro de Meditación Ngalso Entorno de Paz



Parque Nicolas Salmerón 56, Almería-España

INFORMACION: 639423289 626509216

www.entornodepaz.org

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Entorno de Paz - Kor Yug Shide Ling Centre Spain

Founded by Lama Gangchen Rinpoche for the diffusion of the NgalSo Self-Healing practices and the creation of peace culture, the temple offers a space for meditation, the development of inner peace, integrated health care and protection of the inner and outer environment. The centre also provides a programme of activities for the dissemination and study of these NgalSo meditation practices, which are adapted to the needs of our modern culture and way of life. These activities are aimed at all those who seek inner space and peace.

Lama Gangchen Rinpoche has visited Entorno de Paz every year and we have received his blessings, alongside other great masters. He regularly organises courses in meditation, introductions to Buddhism, Tibetan medicine and astrological sciences; the centre hosts conferences on health and natural therapies; reiki workshops, massage, chi kung, yoga and peace education.

Residing in the centre are replicas of statues of the male and female Buddhas of the great Borobudur Temple from the island of Java (Indonesia); in addition, Lama Michel has installed the 'ocean' of 108 mandalas on the ceiling, as well as the modern digital murals that grace its walls, which depict sacred paintings from Tibetan monasteries of our Ganden lineage. Together, these sacred artworks embody an active conservation of the Tibetan culture in the West, bringing together sacred art, astrology and medicine in a place where Lama Gangchen reveals to us the wisdom and secrets of these ancient disciplines.

Entorno de Paz celebrates 25 years and plants a Bodhi Tree for Peace in Almeria



To celebrate the 25th anniversary of Lama Gangchen's first visit to Almería, Entorno de Paz, in collaboration with the Almería Council, plant a Ficus bodhi in the Nicolás Salmerón Park.

25 years with Lama Gangchen

Juan Sebastian, President of Entorno de Paz

Lama Gangchen Rinpoche first visited Almería 25 years ago, blessing our city with his presence. Like planting a sesame seed that has the potential one day to produce oil, the seed that Rinpoche planted that day germinated and has been growing - sometimes with difficulties but always with enthusiasm. In this way, twenty-five years of our lives have passed, from which we can only have made positive imprints.

Twenty-five years represents a significant part of our human lifespan, and so we celebrated during Rinpoche's recent visit with a short four-day Dharma Holiday. Rinpoche proposed imparting the teachings of the Perfection of Wisdom and the Heart Sutra (which speak of the insight into the fundamental emptiness of inherent existence of all phenomena). Bearing in mind the profundity of these teachings and their relationship to the unlimited expanse of the space element (by nature pure, immutable and empty of inherent existence), we received the Guru's blessing to emphasize our connection with all five elemental energies (of water, earth, fire and air and space), by a series of excursions into the open air to 'synchronise' with the five elements, rather than through traditional teaching sessions.

These five elemental energies accompany each of us from the moment of conception of life. They are everywhere and then, at the moment of death, they dissolve back into the space element. By learning to recognise the steps involved in the dying process as each element disintegrates in turn, we have an opportunity to recognise relative and absolute emptiness (the clear crystal light of the space element) and so approach enlightenment. The profound exercise of relating peacefully to the elemental energies is what Rinpoche teaches us with his practice of 'Making Peace with the Environment'. In an accomplished practitioner, as the five elements are transformed into their pure nature, each appears as coloured light, giving rise to the rainbow body of light that dissolves into absolute space.

So our Dharma Holiday began on the Thursday with a boat trip along the unspoiled Levante Coast





PAINTING THE BUDDHAS





of Almería, where we were able to bathe, feed the sea creatures, listen to the NgalSo practices and fly prayer flags in the wind.

The next morning, at dawn, we communed with the element of Mother Earth by climbing to the ancient Granatillos volcanic crater, where we enjoyed the Making Peace with the Environment practice - Shing Kham Yhong So. Later, we planted a bodhi tree together with Almería city authorities,



to symbolise the giving of sanctuary to buddhists and "to accompany us into the future to provide protection, peace and tranquility to all who need it," as the councillor for urban affairs explained. That night, coinciding with the traditional Andalusian fire festival of the 'Magical Night of San Juan', we launched lanterns into the clear night sky.



The next day, the centre celebrated its first baptism - of Simón, the grandson of our director, María López. In the evening, we gathered for a gala dinner where we paid joyful homage to Lama Gangchen. On behalf of Entorno de Paz, we presented a plaque in recognition of Rinpoche's twenty-five years of constant support, as well as plaques for Lama Caroline, Jose Maria - Rinpoche's faithful translator, and María, our association's director. Although many others were missing, they were present in our thoughts and we hope they will join us next time.

If Buddha were your neighbour

By Jeanne Henry

A Buddhist extravaganza took place last Friday night in the Maestro Padilla Theatre in Almería. The show was devised and performed by the United Peace Artists, an ensemble created 12 years ago by monks and nuns from the Monastery of Ganden Tashi Choeling in Germany. They take their inspiration from an ancient Tibetan tradition which "enables the spectator to taste the

inner experiences of bliss and emptiness".

The show commenced with a blessing and prayer by the famed Healing Lama Gangchen Tulku Rinpoche, founder of the Himalayan Cultural Organisation (HCO) which hosted the evening.

Short scenes interspersed with contemporary style singing, dancing and humour took us through the journey of Prince Siddhartha Gautama, now reincarnated as

Siddhi, in what appeared to be a present day metropolis. His purpose is to experience the trials and tribulations of modern life. He meets Lama, a Mephistophelian character who proceeds to show him the effects caused by the "poisons of desire, envy and egoism".

With the realisation that these are only illusions produced by "Mara", the "demon of our own negativity", Siddhi finally "awakens" and achieves inner

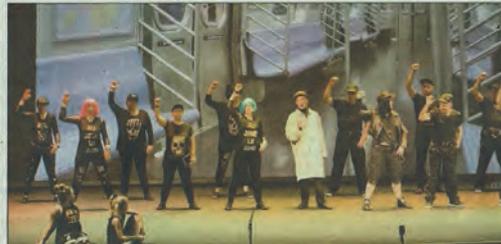
peace. The role of Siddhi/Siddhartha was portrayed by a woman in apparent homage to the 'Dakin', the "enlightened female principle of non-duality which transcends gender" and muse of this theatrical art form in Buddhism. This modern interpretation of the life of Buddha and his teachings was enhanced by gorgeous video projections which served not only as a backdrop to the performers but to exhilarate the audience with spectacular images of the great historical Buddhist sites, such as the Temple of Borobudur, with their sacred

carved friezes depicting the life of the Buddha. In a publicity interview a spokeswoman for the HCO stressed that "this entertainment is dedicated not so much to the diffusion of Buddhism as to the transmission of universal messages of peace, both inner and outer; as the second cannot happen without the first".

This energetic, colourful and imaginative spectacle along with its appeal for inner peace was, in my opinion, sadly marred by an unacceptable level of amplification but its reception was nevertheless rapturous.



The show received a rapturous reception with spectators rushing on stage at the end



One of the dance routines set on a city subway COSTA NEWS - 28 SEPT. 2017

Thank you, Rinpoche, for celebrating our activities and for giving us, once again, the energy to continue into the future.



UNITED PEACE ARTISTS

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22 SEPTIEMBRE 2017
A LAS 20H ENTRADA CON INVITACIÓN

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AYUNTAMIENTO DE ALMERIA

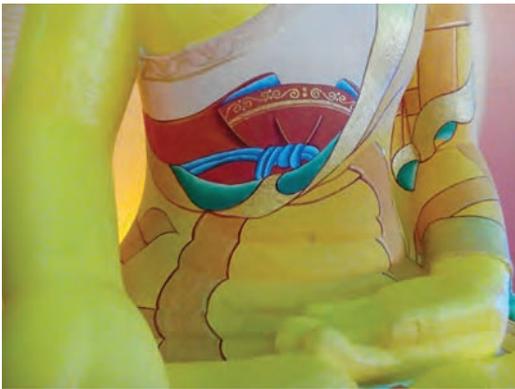
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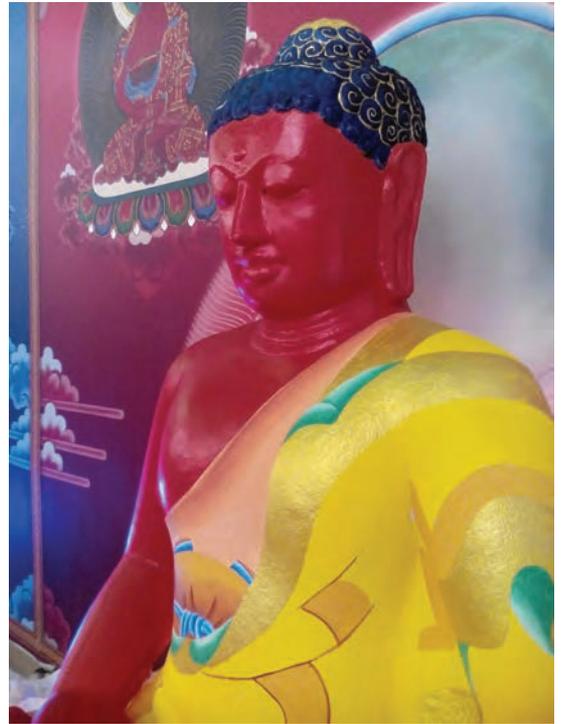
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OM BISHWA SHANTI HUM



... Update ...









Mani Bhadra Wishfulfilling Meditation Centre The Netherlands

Since 2016, to the great delight of Lama Gangchen Rinpoche and the Dutch sangha, there is a NgalSo Ganden Nyengyu lineage dharma centre in the Netherlands, owing to the great kindness of Jan de Ruiter - Lama Jimpa Gyatso, who's company Mani Bhadra BV - Phoenix Import offers the space for this dharma centre, named and officially inaugurated by Lama Gangchen: Mani Bhadra Wishfulfilling Meditation Centre (MBWMC).

There was a three-day ceremonial opening celebration with the making of a Chenrezig sand mandala, followed by a Chenrezig initiation and Medicine Buddha initiation, both conferred by Lama Gangchen Rinpoche, in October 2016.





In December 2016, Lama Caroline gave teachings at the MWCMMW about the close bond between 'our' near lineage and the stupa mandala of Borobudur. In an interactive and vivid way, she specifically taught about the Kalachakra mandala in relation to Borobudur. In this way, the Dutch connected to Borobudur once again, as their ancestors did in the 19th and 20th century when they helped restore and preserve this impressive temple for future generations.



In the spring of 2017, in the presence of Lama Gangchen, Lama Michel, Lama Caroline, Geshe Phende, Drubchen Rinpoche, Mili Rinpoche, Lama Lhawang, Geshe Wangyal, Geshe Lobsang, Geshe Jangchub and Tenzin lama, the MBWMC hosted a three-day Rabne Chenmo festival, a ceremony that also is performed in Borobudur each year, restoring our positive connection to Mother Earth.



May the Borobudur Mandala manifest fully in all NgalSo Ganden Nyengyu lineage dharma centres. May their activities flourish and be of benefit to inner and world peace of all sentient beings, now and forever.







IN MEMORIAM



Venerable Gelek Rinpoche with Lama Gangchen Tulku Rinpoche

“The capability of human life is beyond our imagination.
What counts is the human capacity to investigate and transform our own mind and the world around us in a powerful and positive direction.”

Gelek Rinpoche

“May the wishes of His pure mind be completely fulfilled.”

Lama Gangchen



IN MEMORIAM

Bel Cesar (Brazil) - recalling a conversation with Gelek Rinpoche

To die with a free spirit

On 14th February 2017, a great Gelek Rinpoche. I met him in to Brazil, requested by Lama teachings at Centro de Dharma Paulo. It was a golden time. We close to the great lamas in

Gelek Rinpoche was born recognized as the reincarnation age of 4 and because of that carefully tutored him. He of memorization, intellectual took refuge in India in the early 1960's.



master of Tibetan Buddhism died: 1991, when we organized his travel Gangchen Rinpoche, to give us da Paz Shi De Choe Tsog, in São had the opportunity to be very small groups, like big families.

in Lhasa, Tibet, in 1939. He was of an important lama at the the great masters from Tibet gained notoriety for the power judgment and discernment. He

In 1988, he founded the Tibetan Buddhist Centre, Jewel Heart, in the United States, where he started to live until his recent death.

I remember asking him directly: "How did you manage to cross the Himalayan mountains by foot when you left Tibet?" and he calmly answered:

Each time that I crossed a mountain, I crossed, I looked to the next one and went ahead with faith." With no extra questions, he kept going.

His teachings had a strong impact on my mind. Today, I will share with you my notes from when he talked about death in March 2000, during a conference in New York "The Art of Dying". I transcribed them in quotation marks, as they are in my notebook.

"To die is natural. The problem is that we don't see suffering as something natural, that's why we don't accept it. We think that natural would be without suffering, like suffering is not correct. It doesn't mean that it is right to suffer, because it's not a masochistic question, but it is right that we get confused with the moral vision that tells us what is right with the right vision of human reality.

It's normal for a human being to suffer; there is nothing wrong with that. I mean, we don't need to take the fact that we suffer as a personal. one Also it doesn't mean that we have to suffer. The problem is that since we see suffering as something unjust, we want someone to take responsibility for our pain."

"In a similar way we think that death is wrong and unfair. Maybe this sensation of unjustness is based on our lack of life: 'I want to live longer to receive what I still didn't get it in this life'. To die is something deeper than natural. In fact, it is sad, but it's natural. It's sad and natural because it is the end of birth; it's the end of whatever we have accumulated in this life."

"The meaning and value that each one of us gives to life is what makes the difference between how we deal with natural suffering. If you give meaning and material value to your life, it will end with

your physical death. But if you give meaning and spiritual value to your life, it will not end with death. This is everyone's mission: to give meaning to your life and cultivate its value."

"To prepare yourself for death is like making your luggage last minute for a trip. We always forget something. However if we continually prepare ourselves, we will have time to remember everything that we want to take. What do we want to take with us when we go to another life? When I go, I don't want to go with rage, unsatisfied or with regrets. I want to go like a bird that flies away from a mountain. These heavy feelings are like strong anchors that don't allow us to fly. Another truth is that: I don't want anybody holding my feet. I want to go like a free spirit. We need to learn to keep moving until we feel that there are no more footprints behind us. That's why we need to do our luggage everyday: to leave out what we don't want to carry. If we continue to think that death is far away, we won't start packing. We need to cultivate a certain urgency, otherwise we will never move. To prepare for death is a strong motivation to let our negativities out. After all, we want to be welcomed by the open space and not by the narrow passage of the bardo."

Gelek Rinpoche made it clear that when we touch the meaning of life, we do not measure the effort to live it. He concludes by saying: "Those who live more make longer plans. There is a Tibetan saying: 'Even though you have only three more days of life, your plans should be like you still have a hundred years to live'. Do what needs to be done; that way, when death comes, you will have no regrets"

Bel Cesar is a Brazilian psychologist who has integrated Tibetan Buddhism into her work since 1990. She is a disciple of Lama Gangchen and Lama Michel who is also her son. She treats traumatic stress using the SE - Somatic Experiencing Method and EMDR (Eye Movement and Desensitisation and Reprocessing). Since 1991 she has work with terminal patients. She organised Lama Gangchen's first trip to Brazil in 1987 and for 16 years was President of the Centro de Dharma da Paz (Centre of Peace Dharma).



Together with her husband Peter Webb she has worked, since 2004, on developing Eco-psychology activities at the Sitio Vida de Clara Luz in Itapevi, Sao Paulo.

She has been a regular contributor on Buddhist psychology to the website www.somostodosum.com since 2002. She worked on the "ILung Ten Oracle" book and is author of: "Viagem Interior ao Tibete", "Morrer não se Improvisa", "O Livro das Emoções", "Mania de Sofrer" and "O Sutil desequilíbrio do Estresse", all published by Editoria Gaia. She is on the Board of Fundação Lama Gangchen para a Cultura de Paz (www.flgkulturadepaz.org.br)



Gianni Bucci





Gianni Bucci was born in Rome on the 24th of June 1934 and passed away on the 5th of July 2017. He was a well known journalist a member of the Italian order of journalists since the 1st of July 1959.

Gianni was a dear friend and disciple of Lama Gangchen. He dedicated his countryside house (in Contrada Sole-Luna) in Velletri near Rome, to meditation and spiritual search with Lama Gangchen giving the blessing and naming it

SPRING OF DHARMA RETREAT CENTRE

In January 1993, during a retreat at the Spring of Dharma retreat Centre in Velletri, Lama Gangchen



revealed the first piece of the tantric yoga exercises of the Five Supreme Healers the NgälSo Tantric Self-Healing practice., with Om Mani Padem Hung Hri!



'HIMALAYA' MOUNTAIN SIDE

The initial seed was first planted during an earlier short retreat in Cesena Torinese a Mountain Resort named "I monti della Luna" (The hills of the Moon) above Torino; there Lama Gangchen conferred the Vajrasattva initiation to 22 participants - the base for Love and Compassion.

This tangkha depicting Vajrasattva and consort was painted by Anna Maria Di Palma for this particular initiation.

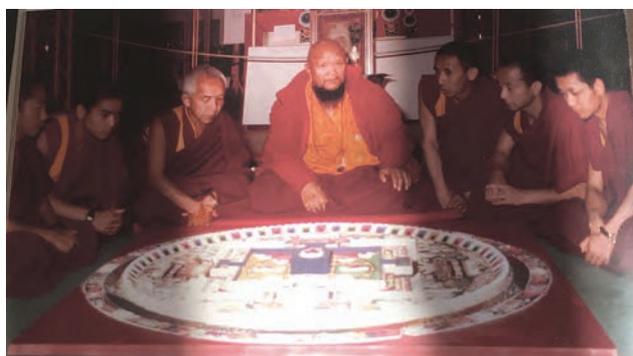


Torino (Turin) has the Bull as its symbol, an auspicious sign of Yamantaka - the Conqueror of Death. emanation of Manjushri.



In the spring of 1994, Lama Gangchen requested the monks from Samten Ling Monastery in Nepal, (invited to our Kunpen Lama Gangchen Institute in Milan, for a period of three months,) to make the very first Thirty Yamantaka sand mandala in the "La Mandria" park in Torino. This mandala is kept to this day.

Lama Gangchen gave an initiation to over 2500 people on that occasion. The proceeds from this special event were donated for the renovation of Samten Ling monastery and partly for the building of our Himalayan Healing Centre in Nepal.



'OCEAN' SEASIDE VELLETRI

Velletri, was the next retreat where Lama Gangchen therefore gradually developed the NgalSo Tantric Self Healing practice. Every year a retreat was held at Spring of Dharma together with Lama Gangchen Rinpoche and disciples from different parts of the world.

On the 13th of January 1993, Gianni Bucci organised the meeting between HH Pope John Paul II and Venerable Lama Gangchen Rinpoche.





An Inspiring Lady



Dawn French



I met Dawn French in Noosa Australia in 1998 during a teaching. We first were friends and slowly all along the years I gave teachings and visited Australia she became one of my student in Buddhism. She organised the venues in Noosa as well as the different travels we made with dharma friends. She was a strong determinate lady descendant of Johnny walker, the famous whisky maker although she never liked that kind of drink preferring the French champagne.

She had a strong temperament and often stubborn but was always devoted to her practices and to the lama I was to her. Alexandra David Neel, Blavatsky, Tagore, Gurdjev and other kind of travellers and philosophers were of her inspiration.

Before establishing herself in Noosa, she was a talented entrepreneur in Melbourne, a fashion designer for kids and named her brand "hobbits", inspired by the book "lord of the ring". While creating clothes she brought up her four kids mostly alone although she married four times. We could tell that she was gutsy and always had admiration for women of that kind.

We went on different adventures and although of being an elder person she went around Tibet three times, we went together to Kham near Mili county and Shangri-La, did the Kailash circumambulation (kora) at 76; went to the Vajayogini hot spring near Kailash twice, went to Borobudur three times and once where she followed Lama Gangchen Rinpoche's teachings. She also visited Albagnano healing centre and she practised both trulkor yoga and NgalSo Self Healing on a regular basis. Mongolia and Bhutan were also countries we went a few times, just to say that she had a strong karmic connection with countries where Vajrayana Buddhism was practised. She lived her life colourfully and enjoyed being a Buddhist, recognising that teachings from Lama Gangchen Rinpoche had values that she cherished till the end. I went to Australia to visit her to give her the last teachings on death process and guide her to that path as she was dying. She passed away on May 5th 2017, guru puja and tsog day, a very auspicious way to leave her body, with Buddha's relics in her hands. No doubt she will have a good rebirth.

Mili Tulku Rinpoche