

ELENA FERGIN, ITALY

I first arrived at Albagnano Healing Meditation Center on the occasion of the Vajravali season, alone, attracted by a very strong energy, after hearing someone talking about this place and this extraordinary event, either of which I had never known before. As soon as I arrived, following the path leading to the gompa - temple of heaven on earth, I had an extraordinary experience. I looked at that little white road, flanked on one side by many Buddha statues that have as their base a double row of large rectangular stones carved in high relief with ancient sacred scenes, and defined, on the



other side, by a long sequence of flags: it seemed like a reality suspended in time and space, something that had always been and that was so familiar to me ... The hot sun and the wind, the flowers, the scents, the buzz of the insects and the splendid scenery of the valley and the lake: I was walking alone on that white path while emotion grew until almost taking my breath away. I felt observed and followed, I seemed to perceive steps and presences around me, I looked around repeatedly but there was no one, only the wind that swayed the flags and the Buddhas who offered blessings. They were the ones who looked at me, smiled and gave blessings ... these were their steps re-echoing on the Path ... The emotion was so strong and tangible that I began to cry with joy and amazement ... of beauty ...





INTRODUCTION

Ruth Gschwendtner-Wölfle (1950) works as artist, writer and art communicator. After her studies at the Academy of Fine Arts in Munich she published her first children picture book, worked as teacher at the gymnasium in Dillingen and for 13 years was singer in the bavarian cabaret group „Mehlprimeln“. 1983 she met Geshe Rabten Rimpotsche and other bouddhist masters. 1986 she moved with her family from Germany to Austria, where she lives now near the bouddhist center TASHI RABTEN.

Her art work includes beside painting and fotografie also installations in nature, art and architecture, and the concept and design of a peace museum (friedensräume lindau). The publications include artbooks, biligual foto picture books and a thick volume about visual perception („the learning eye - contributions to visual literacy“).

Since 2015 she is member of the LAMA GANGCHEN´S „peace educator`s group“.



RUTH GSCHWENDER, AUSTRIA

Borobudur 2016

My first journey to Borobudur 2016 with Gangchen Rinpoche and his disciples gave me the inspiration for a special idea: the „PeaceArtProject“. This journey was meaningful for me in many aspects. While circumambulating the impressive old big stupa, listening to teachings, singing Mantras and visualising deities, I experienced a slight taste of what intensely applied Buddhist practice can mean - it was inspiring for my daily life and especially for my work in art!

On my way home I visited my eldest son in New Zealand. That was the starting point of all my following peace art projects like PeaceArtHotel, PeaceArtTrain, PeaceArtGarden... but the first step was to install the domain www.peacearthotel.blue

PeaceArtHotel O

Back in Austria, I applied for an art exposition in the “Künstlerhaus, Palais Thurn und Taxis” in Bregenz, where - 9 months later- I could present the example of how a “peace art hotel” could look like, with 140 new pictures on two floors of the exhibition house. The „PeaceArtHotel O” consisted of an entrance hall, a lounge, a dining room, reading room, training room, meditation room, a sleeping room and a reception room. 1000 visitors turned up in one month to look at the exhibition. I gave many guided tours through my PeaceArtHotel and people liked it very much. The focus of my exposition, mostly c-prints of photographs on canvas in wooden frames, was that the main part of the pictures were taken directly in the house itself. To sharpen the awareness of our surrounding, I wanted to show details and give them back to the house. Isolating delicate, nearly invisible parts of the wall, the ground, of light and shadow...taking them out of their context and composing them in a special size and format renders nearly invisible things an importance, like putting them on a stage. According to the architecture and light of the rooms, I enlarged them to be a big solitary work, or I added them to a series in small format. With these pictures, having the appearance of abstract paintings on canvas, I seek to refine visual perception.

What has such a work of art to do with peace?

Well trained awareness is one of the fundamental abilities for a peaceful mind and life, because well trained awareness makes people sensitive to perceiving not only outer atmospheres, but also the inner state of one's own mind, inner stress, aggression and transgression of borders between oneself and others. Awareness is trainable, because it is a state of mind. One of the characteristics is an open visual perception, flexible, with the capacity of concentration, being focused on the here and now. An exhibition about peace for me does not mean to give illustrations of happy people, hand shaking, or laughing faces, also comparing political activities or historical dates are not in the focus of my work. I want to offer a tool through art, HOW one can first get to peace individually and then on a larger universal scale. I do not want to do that as a teacher, with lifted forefinger and the idea that this is the only way to success. I want to offer my message in a subtle, nearly unconscious but intuitive way. Art leaves imprints, which go far beyond the surface of a picture. I want to leave such imprints of sensibility and awareness, for our surrounding, the resources in our world and the people beside us.

No hotel without guests! My „PeaceArtHotel O” in Bregenz was not only an art exhibition, but also a model for the life in such a surrounding. I organized workshops about „awareness in dialogue” with Ven. Banthe Anurudha with around 100 participants, one school class played the „worldpeacegame” - invented by John Hunter - for a whole week, there were „storytelling” meetings about experiences of friendship, problem solving and positive experiences with young unaccompanied refugees, and there was an afternoon with the offer for a „sand play - build your world” with Birgit Drexler. All visitors left the house in a very inspired mood, because they had experienced a new form of art. Awareness is

really a source of happiness and understanding, because it actively involves the spectators.

My idea behind that art project is to implement peace art installations in real hotels and other places like gardens, schools, trains, hospitals etc., where people stay for a while - away from their daily routine. The technique of photographing and elaborating out of that fundus an exhibition is a fast one, relatively cheap (compared with other art works) and can be done nearly all over the world in relatively short time. If a hotel is under construction, I can develop a peace art concept easily, relatively fast, unique, individually and I can be very flexible concerning size, budget, and also material (canvas, glass, metal, paper,...).

The first REAL PeaceArtHotel at the moment is under construction in Austria: the "TSCHOFEN - Stadthotel" in the center of Bludenz in Vorarlberg. It will be opened in autumn 2018. The owner, Sandro Preite, decided to have the first PeaceArtHotel worldwide! The concept of the house - which will be run by the Sandro's sister, Florentina Preite - is: to be open for a big variety of different guests, radiating at the same time a spirit of warm hospitality, lively tradition AND cool innovation.



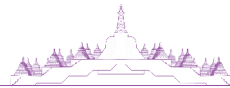
PeaceArtTrain (Austria)

Another peace art project took place this year 2018 in June, sponsored by the Kulturamt der Landesregierung Vorarlberg (Art Office of the Government of Vorarlberg) and the ÖBB (Austrian Railway Association). I had the idea to install a „PeaceArtTRAIN“ in the line between Bludenz and Lindau. „Smiling connects“ was the headline. Attractive young assistants distributed vouchers to the passengers, who could look for somebody, to offer him or her

the voucher for a smile, or receive a smile by the other person. This smiling at each other could be documented in one of the carriages, which were equipped with different photo backgrounds out of my studio and a photo“machine“, making selfies and printing them out immediately. The selfies should not be - as usual - smiles at oneself to the camera, but smiling to each other of course. There was an amazing dynamic going on in the train: people walking in the carriages, looking for a potential smiling partner, laughing, having fun and making photos. The normal silent isolated style of sitting in a train had completely changed: old and young people, foreigners and Austrians asked each other for a smile, and even those, who were normally afraid of cameras, accepted the game! All the pictures (of those, who agreed) were published on the peacearthotel account www.peacearthotel.blue under project 3 peacearttrain ... and all of the people leaving the train took a little smile on their way home.

PeaceArtGarden (Israel)

The third example of the PeaceArtProjects is a PeaceArtGarden starting in 2005 in Israel. I was invited by Reuven Moskowitz to NEVE SHALOM - WAHAT AL SALAM, a place where Jewish and Palestinian people have lived together since 1972. Beside the existing peace-school and a guesthouse, there came an idea, to install something similar like in Lindau, where in 2000 I had the honour to shape the peace museum „FRIEDENSRÄUME“ in Bad Schachen / Lindau (www.friedens-raeume.de). When I was invited to Israel, I had the idea, not to come with empty hands, but to bring along with me something - the idea for a “PeaceTalkPlace“. We needed a free plane space with a circle of 12 meters - which existed. When I arrived, the whole village was involved to prepare that plane circle, then we measured 12 places on the circle line, where 12 rose bushes were planted - red and white. Into every



planting hole I put one part of the printed out human rights, one gold leaf, a bit of holy earth and holy water, which I had received from my venerable Buddhist masters in Feldkirch, Austria. Then we filled the planting hole with normal earth and the work was done. When I came back one year later, the roses had grown so much, that the gardener had constructed a wonderful gate in the shape of a dome, and the roses enjoyed their places: what a marvellous flourishing, fragrant meeting place for peace talks! In the Arabian cabalistic the 12 is equally meaningful. The PeaceArtGarden incorporates the wish, that peace may last without pause among people, the governments of whom even may be war, but they are capable to live in peace - nevertheless!

Finally: May the prayers for peace - worldwide - be heard... by all people and governments, by businessmen, teachers, artists and each and every soul, so that peace will be established soon ... everywhere.

Let's install many PeaceArtProjects worldwide!



Samstag, 9. Juni 2018

Programm: #PeaceArtTrain lächeln verbindet

Ein Projekt der Künstlerin Ruth Gschwendtner-Wölfle.

Im Zug verbringen wir Zeit mit Menschen. Die Sehnsucht nach Frieden und der Wunsch nach Glück verbindet uns alle. Ein SIGNAL für diesen Wunsch kann ein geschenktes Lächeln sein.

Verschenken Sie bei Kultur am Zug Ihr Lächeln an die mitfahrenden Menschen.

Bludenz ab 15:00 Uhr

Lindau an 16:01 Uhr

Lindau ab 16:27 Uhr

Bludenz an 17:29 Uhr

#KulturAmZug

The Temple of Heaven on Earth Promoting Art and Culture



Viola Sartoretto (main actress), Emanuele Caruso (director), with Lama Gangchen

On the 13th of July 2018, the screening of the film "The Good Land" set in Val Grande, which borders the Albagnano Healing Meditation Center, in the presence of the film's director Emanuele Caruso from Alba and the lead actress Viola Sartoretto, here portrayed with Lama Gangchen. The two Piedmontese artists, at the end of the screening, answered questions from the public intrigued by the realism of the protagonists as well as by the truthfulness of the facts narrated.

Emanuele explained that it was not easy for the film crew to bring the work tools to Val Grande and film there. He unveiled the film plot, consisting of three distinct stories of real life of three protagonists, who have never crossed into reality, intertwined with some elements of invention. There was also talk of the "Bibliotheca di Padre Sergio" - a Benedictine monk who died in 2014 at the age of 83 - located in Val Maira, the "highest Library of Europe" in Marmora (province of Cuneo) at 1580 m. share, with its 59,000 volumes - valued today at some two million two hundred thousand Euros - and which in reality risked being shut down. Owing to the success obtained by the film, it has instead benefited from a popular collection of signatures, which allowed it not to be dismantled but can now be visited by interested parties, with its more than 80 thousand rare volumes in the ancient Canonic di Marmora. Viola Sartoretto, an actress from Turin, told us how to live for six weeks immersed in uncontaminated nature, in extreme sharing, far from population centers and technology, was a transformative and healing experience, very similar to the story told in fiction of the film. As she herself said in an interview: "I discovered one of the most beautiful places I've ever seen in Italy, just a few hours from my city, surprising for its beauty: a territory that with its inhabitants has protected us and welcomed".

Self-produced and made on a small budget (195 thousand euros), of which almost half crowd funded - is the dramatic film of 2018. It was further realised with the support of: Film Commission Torino Piemonte, Val Grande Park, Cassa di Risparmio Foundation Cuneo and Associazione Alpe Capruga.





The screenwriter and film director Anna Muylaert with Lama Gangchen during the screening

On 27th July 2018, the longest day of the lunar eclipse of the century, we witnessed the screening in the original language of the film "My daughter arrived!" - English title "The second mother" - in the presence of Brazilian director Anna Muylaert, disciple of Lama Gangchen for many years and Lama Michel.

The director introduced the message of her cinematographic work briefly to those present, before the vision. In 2015 the film was awarded with various international awards: winner of the "Berlin International Film Festival" with the Audience Award, "C.I.C.A.E. Award", and many more. "Finally in 2016, also in Brazil, from the "Sao Paulo Association of Art Critics Awards" winner as best film for directing and for the best leading actress. The film, launched for the first time in Italy and highly appreciated by the public and critics, has aroused great interest in the world and has been a promoter of cultural transformations in Brazilian society, provoking a popular echo and a political debate, which have produced a change in national legislation, which for example now allows domestic workers to go back to their home in the evening.

Anna, who has several films to her credit, is working on new projects: a documentary made with three co-authors (international filmmakers), made up of four short films about the ancient city of Jerusalem; a subject dedicated to the female world in particular, touching on gender differences in today's society; a documentary on Lama Gangchen, told by Lama Michel.



Anna Muylaert and her son Joaquim Muylaert de Souza - acting in the film. Borobudur, 2018





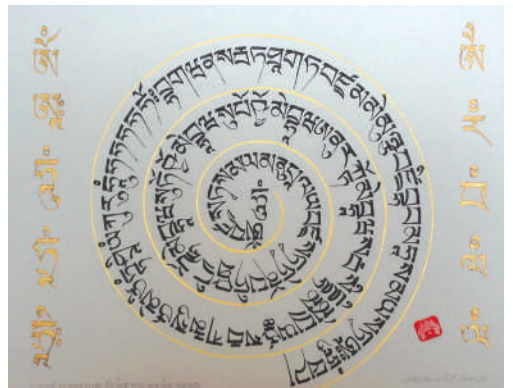
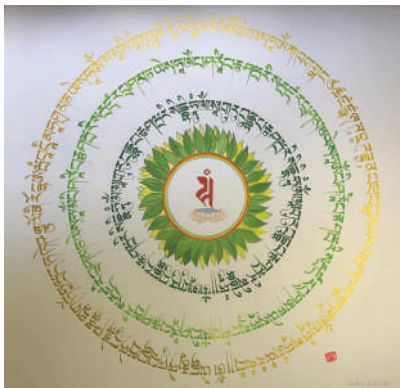
THE YANGELO WEDDING







Sacred Tibetan calligraphy
By Bebel Franco



NgalSo Gangchen Labrang Tibetan Calligraphy uchen style

Friendship Award
 Professor Jian Jun Lee - Feng Shui Master of Excellence

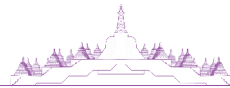


On this most auspicious occasion - the third Tibetan month of the Kalachakra system: the Losar New Year, when Buddha Shakyamuni gave all tantric initiations, systems and teachings throughout the month: Most particularly I wish to recall Buddha giving the Kalachakra initiation on the 15th day of this third Tibetan month - Full Moon Day - as we did here in the Temple of Heaven on Earth - connecting us most particularly to the Buddha Yanas, the Shambhala Kingdom, and thus I rejoice in expressing my boundless gratitude for your great dedication and advance in the field of Human Engineering Studies, towards educating countries in the need for systematic enlightenment of urban societies; and I celebrate your remarkable grasp in the field of natural medicine and astrology.

Buddha gave the Kalachakra - astrologic ancient wisdom and method initiation in Borobudur, Indonesia - Sri Danakos (Rice Field) Palden Drepung - and in many other places simultaneously the miracle way. This month is very rich for culture and religion and we further respect this period from Marco Polo time to present day. And this time we brought my friend Mahasiddha Nyitru Rinpoche from China-Tibet, together with Monks from India, Nepal, Mongolia, Europe and so forth, bringing unique blessings to us from all holy beings and from the Kalachakra.

This day I wish to honour and acclaim our friendship and thank you for coming into our environment, our Temple of Heaven on Earth, which we open to the world, by offering to recover the ancient missing part of the relation between the inner and outer, as given to us by the mandalas to balance the energies. I am so happy to meet with you in this special friendship already linked to our 10th Panchen Lama who furthered the One China Policy out of limitless kindness for the Tibetan people, as the Physician to the 10th Panchen Lama who was my dearest and most precious friend and advisor. I am dedicating our new library to HH Tenth Panchen Lama and thus your precious advice has brought a most positive outcome to overcome any obstacles to completion.

I pray for your Long and Healthy life on the Path to Enlightenment and request that you please give us your precious advice both now and in the future.



Cidade Matarazzo
Alexandre Allard



We bestowed the Seeds for Peace Award to Alexandre Allard to express our boundless appreciation and thank him for his immense contribution to World Peace with his deeply meaningful vision for the future “Cidade Matarazzo”

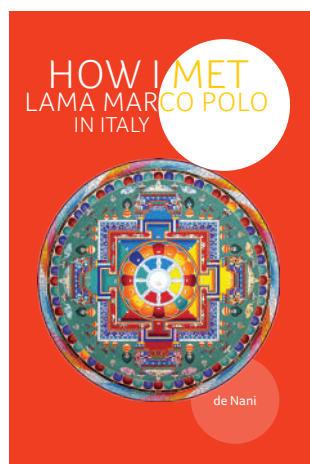
From the moment he was attracted to the Matarazzo historical hospital site (former hospital and Maternity) with his extremely positive motivation, he stimulated the process of its transformation, revitalising the healing roots of the hospital and investing in the roots of the future “Cidade Matarazzo”. A clear vision of great importance for the City of Sao Paulo - a seed for peace for the future of Brazil, South America and the world.

We fully support this project and Lama Gangchen's contribution is through the purification of the five elements; for him to transform the five elements through development, putting the energy that will increasingly improve this vibrating Sao Paulo metropolis and fascinating all embracing young nation - in need of a challenge to awaken transformation on a frequency in full syntony with its original founder, the historical and illustrious Italian-Brazilian Don Francesco Antonio Maria Matarazzo - Count Matarazzo.

This fresh seed that he and all those working on this project are planting will grow and flourish. This place will attract all varieties of artists from Brazil and from the whole world, making it a centre of creative energy of great importance for this new cycle, thus imbedding the very roots of the future.

How I met Lama Marco Polo
Nani

"A wave is projected by the impetus of the ocean. Then it collapses and dives, swallowed by the whole. Others are drawn constantly swinging, each one with its beauty and inspiration. Every wave is affected by past waves"



1987. A conjunction of events initiates a journey towards the most intimate in a human being. Step by step, the author welcomes the signs of a dream, a mysterious correspondence, the explosion of a star and the first visit of a Tibetan Lama to Brazil. She seeks her master and past life by assembling the pieces of a haunting puzzle, as one who paints a picture of what is inaccessible by words.

Subtle images, blown by the wind, can print new steps in the author's writing.

Infinitely.

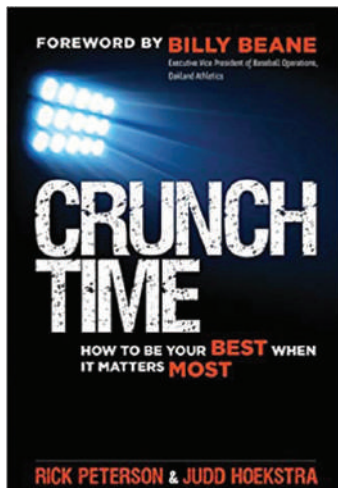


Crunch Time

Rick Peterson & Lelia O'Connor



How to be your best when it matters most



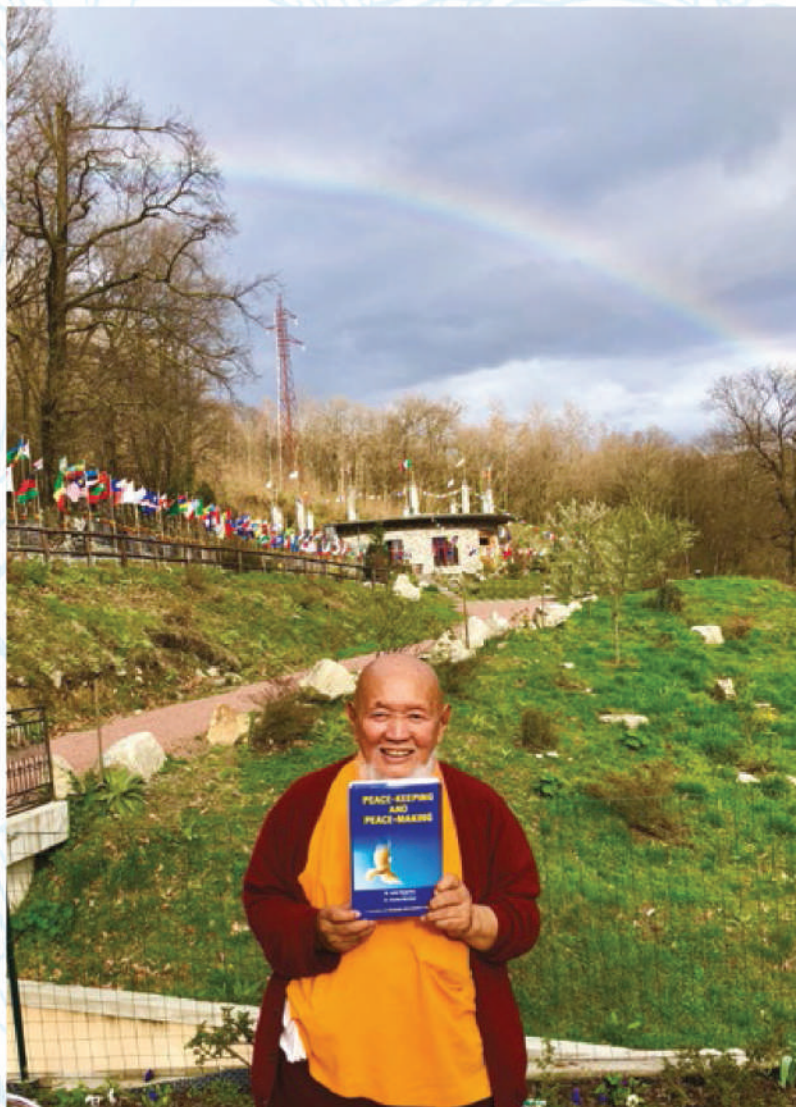
Thrive under Pressure!

Nobody knows pressure like a major league baseball pitcher - an entire game can rest on a single pitch. For years, Rick Peterson has helped some of baseball's finest excel in this kind of intense situation. In *Crunch Time*, he and leadership expert Judd Hoekstra share Rick's secret. It's called reframing - it enables you to see a pressure situation with a new perspective so that it shifts from a threat that can make you panic to an opportunity for you to shine. Rick and Judd offer six powerful reframing strategies, with fascinating behind-the-scenes examples from Rick's work with some of the top names in sports. Learn how elite athletes perform their best under pressure and how you too can perform and be your best when it matters most.

"We believe sports has the power to unite, educate and inspire people to create a more peaceful world. Our work focuses on the "mental game" of sports and life. Thru our coaching programs, workshops and books we work with leaders in business, athletes and teams to create more collaborative, inclusive workplaces and communities.

If we can play together, we can live together."



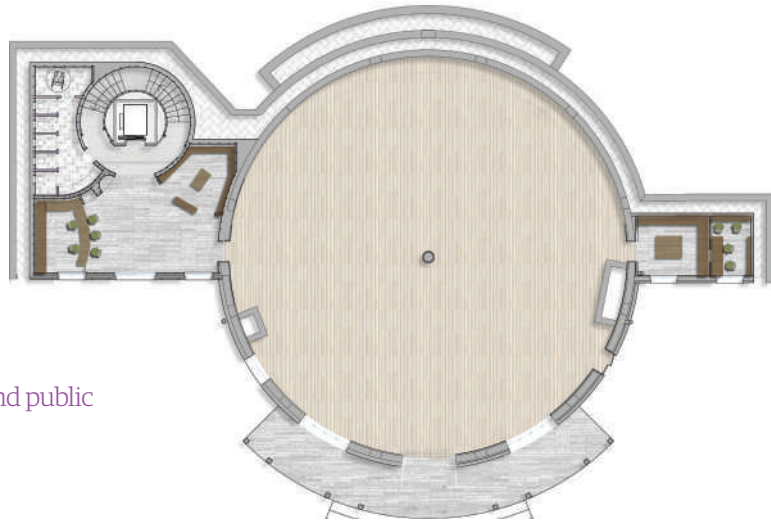








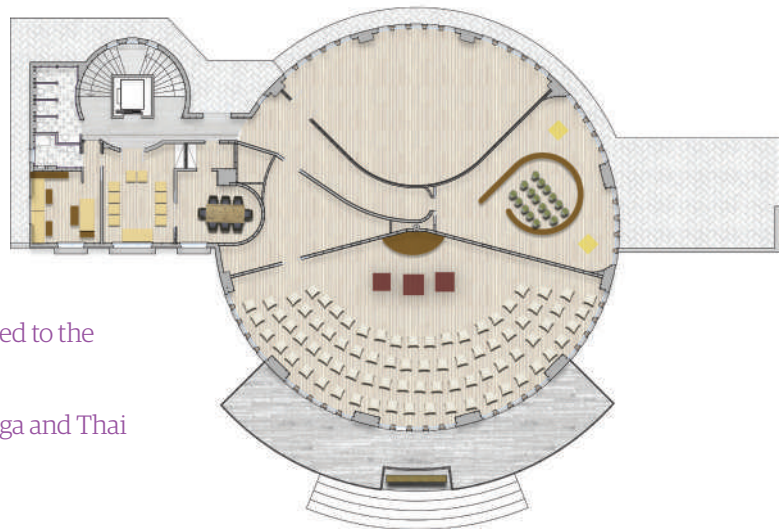




Main prayer hall for grand events and public ceremonies



Second floor

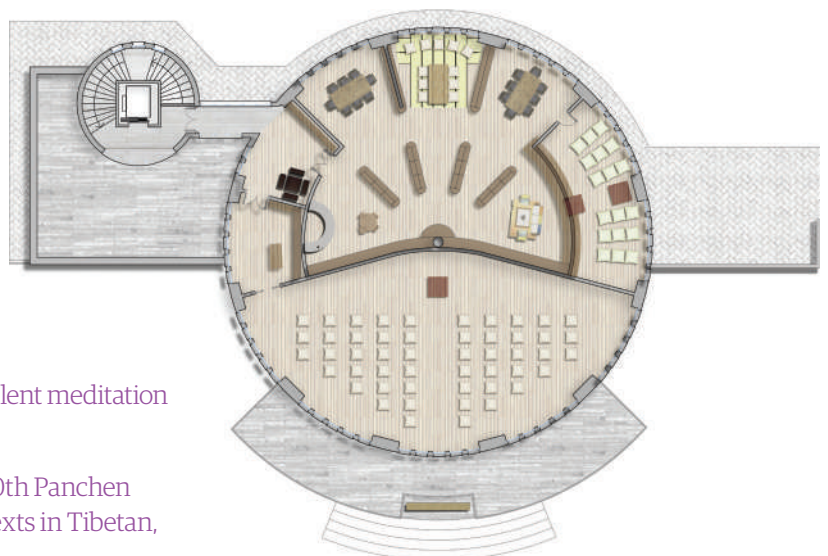


South side: Tara meditation hall dedicated to the mother of all Buddhas Arya Tara.

North side: Connected to the garden. Yoga and Thai Chi space for practice.

West side: Reception area.

East side: Peace culture museum and wisdom planetarium.



Third Floor

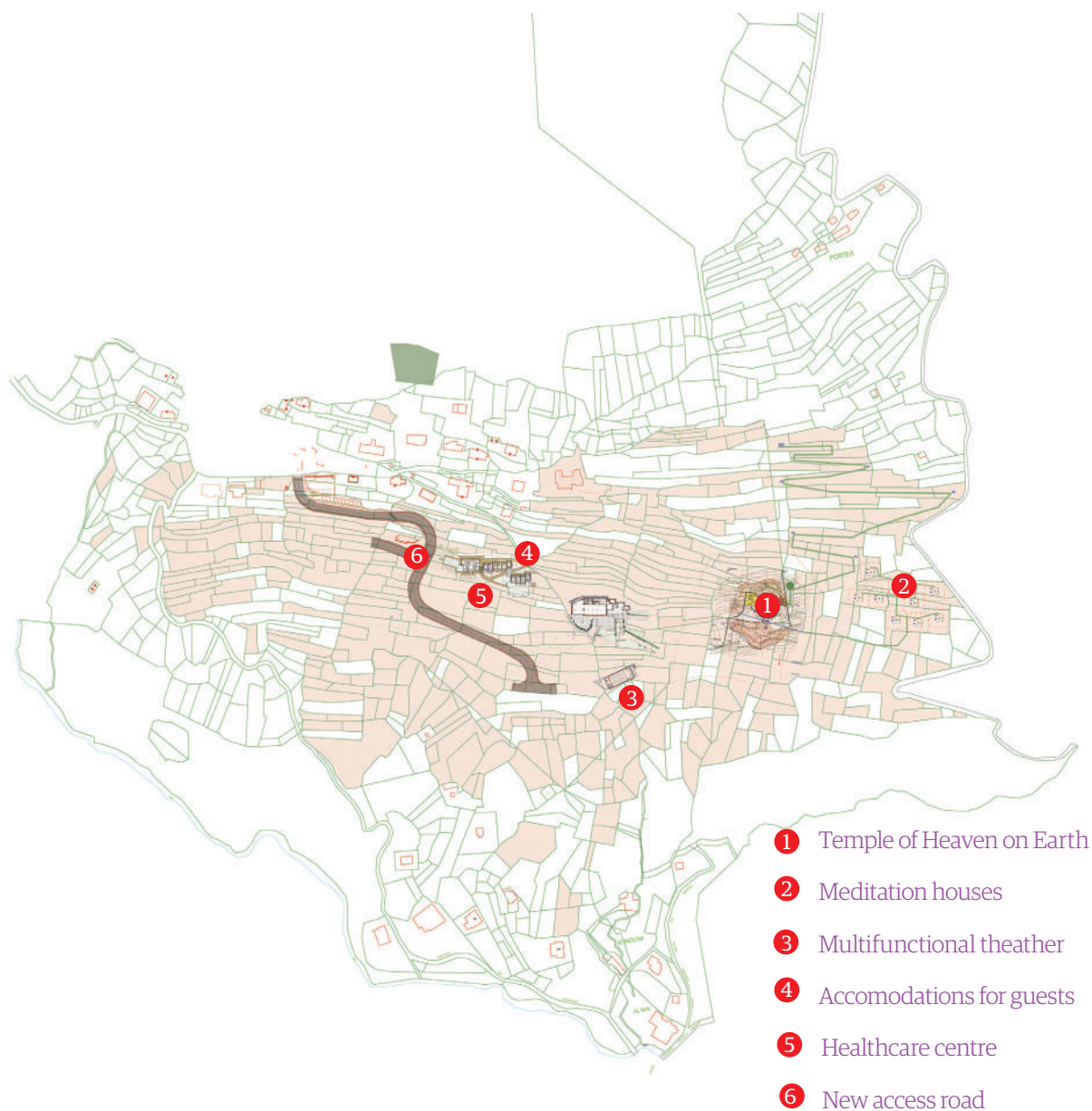
South side: Meditation hall dedicated to silent meditation and mantra recitation.

North side: Library dedicated to HH the 10th Panchen Lama, to house a collection of Buddhist texts in Tibetan, Chinese, English and other languages.

East side: Dharmapala World Peace Protector gompas, dedicated to protection and prosperity.

Other projects

To complete the whole construction project at Albagnano Healing Meditation Centre, we will build an access road, a theater for cultural activities and congresses; meditation retreats houses and rooms to best accommodate members visiting the centre.





Buddha Garden



