

as far as 400km away from the capital. They crossed Mongolian mountains and rivers to large crowds of devoted Mongolians.


Mongolia was the 23rd country to receive the sacred relics and gold stupa and was also one of the countries that had endorsed the resolution, which was adopted by the United Nations General Assembly on the 15th of December 1999, to recognise the Day of Vesak internationally. They stayed from the 20th to the 30th of August, and the opening ceremony took place at the State Academy Theatre of Drama in the presence of venerable lamas and government authorities.








**THE ZANAVAJARA BUDDHIST UNIVERSITY  
OF MONGOLIA**



**DIPLOMA OF HONORARIUS  
DOCTOR**




*Name: T.Y.S. Lama Gangchen*  
*Nationality: Tibetan*  
*Date of birth: July 07, 1931*  
*Ref. No: 2004022105*  
*Date August 27, 2004*

*This is to certify that the Buddhist University of Mongolia has conferred upon ... T.Y.S. LAMA ... GANGCHEN ... , His Supreme Incarnation Enlightenment and in Buddhist Philosophy and Holistic Medicine Tibetan Lama Healer, the title of **HONORARY DOCTOR** degree upon recognising the great contribution to sentient beings and the promotion of Buddhist Cultural development for the mankind.*

Gove. Ref. No. YXX0004  
(P. S.)

Chancellor of The  
Buddhist University of Mongolia



/D. Eshibsdampai Tsedev/

**The Buddhist University of Mongolia  
Renown by His Holiness Zanavajara**





**2005** Ulan Baatar: Open ceremony of the Buddha Garden world peace Buddha. Lama Gangchen is requested by His Holiness Guru Deva to be the Ramne Chenmo Vajramaster.



A special visit to HH Guru Deva's library which houses all the precious books and statues donated by HH Guru Deva himself.

Recalling:

Following their departure to India in 1959, HE Guru Deva prepared clothing and all the dharma items for HH the Dalai Lama, as well as HH Trijang Rinpoche and HH Ling Rinpoche; He was one of the biggest sponsors of Gelugpas and Tibetan people of our time - HE Guru Deva and HH Dalai Lama were extremely close friends and shared the same teachers.



1963: HE Guru Deva reprints all dharma texts to distribute to all the Gelugpas and worldwide libraries (as for example also the text by HH Pabonka Rinpoche: Liberation in the Palm of Your Hand. He further offered thousands of (one foot tall) Lama Tsongkhapa statues both in Mongolia as well as all the monasteries in India, and Nepal, where he built the first Tibetan Monastery out of Tibet *Ganden Phegyeling Monastery* in Boudhanath, where he had earlier completed a retreat in the late 50s.

He sponsored all monastic effects and objects to the Amarbayasgalant Monastery, which is traditionally the very seat of the Inner and World Peace Protector Dorje Shugden as Jetsun Dampa the 4th brought the first Dorje Shugden statue to Amarbayasgalant Monastery around the time of the 6th Dalai Lama, and thus is the seat of Dorje Shugden in Mongolia. Each and every Jetsun Dampa is officially recognized by the Panchen Lamas.

Note: Bogot (Bogd) is the highest title conferred in Mongolia.

Both HH the Dalai Lamas and HH the Panchen Lamas have historically very close ties with Mongolia.

The Amarbayasgalant Monastery was founded in 1727. The first King of Mongolia found the site for the monastery to be built some 292 years ago.

**Presently the Monastery is on the UNESCO World Heritage Sites list awaiting confirmed listing.**

*Amarbayasgalant Monastery or the "Monastery of Tranquil Felicity", is one of the three largest Buddhist monastic centers in Mongolia. The monastery complex is located in the Iven Valley near the Selenge River, at the foot of Mount Büren-Khaan in Baruunbüren sum of Selenge Province in northern Mongolia*



**2009** Election of the 4th President of Mongolia Tsakhiagiin Elbegdorj on the 18th of June, serving two terms as Prime Minister before that, and two terms as President until 2017.



**2014** Historical Visit of HH Trijang Choktrul Rinpoche to Mongolia





2017 His Excellency Khaltmaagiin Battulga is elected the 5th President of Mongolia on the 10th of July.



**2019 600-year anniversary of Je TsongKhapa.  
110th Anniversary of His Eminence Guru Deva Rinpoche**

**30th of July:** Inner and World Peace Congress auspiciously held on the United Nations International Day of Friendship, dedicated to the Memory of the Great Master Je TsongKhapa and to the Eternal Memory of HE Guru Deva Rinpoche's 110th anniversary, with special prayers for Inner and Outer World Peace with a United Nations Flags ceremony.

**1st of August:** Delgeruun Choira Monastery, seat of HE Zava Damdin Rinpoche - Captain of Peace. LGWPF United Nations Representative.



110th Anniversary of the birth of His Eminence Mahasiddha Bundashiri Guru Deva Tulku Rinpoche

**6th of August:**  
Amarbayasgalant Monastery







**Sacre reliquie di Buddha Shakyamuni**  
Sabato 26 settembre 2015

**11.00** Esposizione delle Reliquie di Buddha Shakyamuni provenienti dalla Sri Lanka e custodite nel monastero Zentis Buddha Vihara, 1 Monaci Dharma Vaj, Walpa e Ven. Anandakya in veste eremitica che illustrano l'importanza dopo una meditazione guidata.

**11.30** Inizio concentrazione del mandala di radice coltore energia sui monaci del Sangha Lama Gangchen della tradizione Geluk Ganden Shingpa.

**12.00** Meditazione con le campane tibetane guidate da Daria Mancini

**14.00** Meditazione guidata di Autoguarigione Tantrica Ngagso di T.Y.S. Lama Gangchen

**15.00** Meditazione guidata di Autoguarigione Tantrica Ngagso dell'ambasciatore di T.Y.S. Lama Gangchen

**16.00** Cerimonia di dissoluzione del mandala e distribuzione delle sabbie ai presenti

In contemporanea, per tutta la giornata, ci saranno:  
Esposizione delle Reliquie di Buddha Shakyamuni - Cerimonia di offerta dell'acqua, dell'incenso e delle candele a Buddha Shakyamuni - Poesizioni Vajra

**Sala Silentium**  
In Vicolo Bolognetti, 2 - Bologna  
Evento dalle 11.00 alle 18.00

Per maggiori informazioni visitate il sito: [www.kunfenlamas.org](http://www.kunfenlamas.org) o chiamate il numero verde 800 20 20 20. Per info e prenotazioni: [info@kunfenlamas.org](mailto:info@kunfenlamas.org) o al numero verde 800 20 20 20. In collaborazione con il Sangha Lama Gangchen resident del USI



**GRANDE BENEDEZIONE E MANDALA**

**GIOVEDI 26 MAGGIO 2016**

**CENTRO MONTANARI**  
VIA DI SALICETO, 3/21

Il Gruppo di Studio di Autoevoluzione, ricerca la perfezione. Presenta con il maestro del Vajra, T.Y.S. LAMA GANGCHEN RINPOCHE, un grande insegnamento con il maestro DANIELE ARA, Presidente del Quartiere Navale. Insieme con il maestro del Vajra, T.Y.S. LAMA GANGCHEN RINPOCHE, un grande insegnamento con il maestro DANIELE ARA, Presidente del Quartiere Navale. Insieme con il maestro del Vajra, T.Y.S. LAMA GANGCHEN RINPOCHE, un grande insegnamento con il maestro DANIELE ARA, Presidente del Quartiere Navale.

**COME PRENDERSI CURA DELL'AMBIENTE INTERNO ED ESTERNO PER UNA VITA MIGLIORE**

**GIOVEDI 1 GIUGNO 2017**  
ore 19

**CENTRO MONTANARI**  
VIA DI SALICETO, 3/21

Conferenza e meditazione guidata. Presenti: DANIELE ARA, Presidente del Quartiere Navale. Insieme con il maestro del Vajra, T.Y.S. LAMA GANGCHEN RINPOCHE, un grande insegnamento con il maestro DANIELE ARA, Presidente del Quartiere Navale.

**L'Associazione "L.G. Inner Joy"**  
Presenta  
**T.Y.S. LAMA GANGCHEN RINPOCHE**  
World Healer e fondatore della LGWPL, ONG affiliata alle Nazioni Unite ECOSOC

**Mercoledì 19 dicembre 2018**  
alle 20.30

**"Lo sviluppo della pace interiore per una vita migliore"**

**tecniche di meditazione di Autoguarigione Tantrica Ngagso e speciali mantra per trasformare e benedire l'energia della vita di tutti i giorni**

Porterà il suo saluto DANIELE ARA, Presidente del Quartiere Navale  
Sala del Consiglio "Casare Masina" via di Saliceto 3/20  
Info: [lginnerjoy@gmail.com](mailto:lginnerjoy@gmail.com) Facebook/ L.G. Inner Joy

**T.Y.S. Lama Gangchen Rinpoche**  
presenta con il maestro del Vajra  
**COME PRENDERSI CURA DELL'AMBIENTE INTERNO ED ESTERNO PER UNA VITA MIGLIORE**

**INGRESSO GRATUITO**  
Ma a esaurimento posti.  
E' possibile prendere il biglietto in anticipo presso il Centro Montanari, il giorno martedì 12 giugno.

**2018/06/12**





## Lama Gangchen Inner Joy Association - Bologna, Italy

In 1996, Lama Gangchen named a small group of students of NgalSo Self-Healing the Shidè Self-Healing Study Group. The group had already been holding meetings, led by Simona Eugenelo and Annamaria Stanghellini, for a number of years in Via San Petronio Vecchio 11 Bologna. Since then the group has regularly practised NgalSo Self-Healing and Self-Healing for the Environment together with friends and anyone else interested.

From 1995 to 2017, a great many courses, meetings, conferences and initiations have been organised with Lama Gangchen, Lama Michel, Lama Caroline, Kunsur Rinpoce Lobsang Pende e Ghesce Wanghiel, Lama Lawang, Drubchen Rinpoche, Lama Yulu Rinpoche, Zawa Tulku, Gemin Dulzin Kuten Lama, Ghesce Cianciub, the monks Tubten and Tenzin, Ven. Karuwelagaswewa Anaruddha and Ven. Walpola Kalyanatissa Nayaka Thero, Francesco Prevosti, Pempa Lama and many others.

The new Lama Gangchen Inner Joy Association, founded on the 8th February 2017 with its new location has brought new energy to the teachings of our Master who, since then, has been visiting more frequently. In the small and peaceful gompa of the Association one can admire the beautiful Thangka of Lama TsongKhapa. With the blessing of Lama Gangchen we were able to host and exhibit the Sacred Relics of Buddha Shakyamuni, the making of the Mandala, purification pujas as well as numerous initiations and teachings given by Lama Gangchen, Lama Michel and Lama Caroline.

The programme of Centre includes the following events on a regular basis: NgalSo Tantric Self-Healing Meditation, Guru Puja and Astrological practice. We welcome all those who have no experience of Buddhism as well as who would like to deepen their understand of this extraordinary practice. The ancient wisdom of NgalSo Tantric Self-Healing is offered to those wishing to regenerate their mind and body energy as well as their human potential.

We also organise Reiki courses as well as meditation for beginners and private sessions. We dedicate the last 25 years' work in spreading the NgalSo culture to the long life of Lama Gangchen Rinpoche and to the benefit to the present and future generations. There are teachings on meditation techniques of NgalSo Tantric Self-Healing every Thursday at 8pm in our Centre as well as courses for beginners, private consultations, treatments for mental and physical wellbeing, Reiki, art therapy and many other activities all aimed a increasing our happiness, inner peace and personal qualities.



*Address; via G. Mazza, 4 - 40128 Bologna - [lginnerjoy@gmail.com](mailto:lginnerjoy@gmail.com) - 347 4409779*









## Munich - Germany

### Yeshe Lam Chen Centre

Yeshe Lam Chen is the official organisation of Lama Gangchen Rinpoche's friends and followers in Munich, Germany.

We meet regularly to practise Self-Healing together and also for chanting Mantras.

Every year members of our organisation visit Lama Gangchen Rinpoche in Albagnano.

Lama Gangchen Rinpoche visits Munich yearly for a weekend of teachings on various topics and to grant initiations.



Group photo from our 2018 visit to Albagnano during the teachings by Nitrul Rinpoche









---

## Berlin- Germany



### Ganden Tashi Choeling Monastery

Under the caring patronage of Lama Gangchen Tulku Rinpoche the monastery, settled in Brandenburg near Berlin, is guided by their abbess Lama Dechen Losang Chöma Rinpoche (Mother of Dharma), presently with thirty-three monks and nuns and about forty lay ordained people. As German branch of the Ganden Nyengyu Lineage we complete our formal and informal education program, with regular study classes of all the relevant topics, and for this purpose we also welcome great outstanding teachers from all of the world on a regular basis.

Throughout the country twenty-five smaller and larger study- and meditation groups and centres belong to the monastery, for all the many students and interested people, weekly being cared for by the monks and nuns.



Countless school classes from near and far visit the monastery for professional training and courses. Also, we teach in nursery schools and other schools' yoga for children and ethics, we give spiritual guidance to long-time prisoners and work for religious care/hospice. As active partner we represent the Buddhist Religion in ecumenical services as well as in social and other religious events.



Further, the monastery houses Drolma Publications who also translate and edit the publications of Lama Gangchen Rinpoche with great care and distribute them on sale.



Pharmacy



Wellness

In addition to that we keep a monastic pharmacy, available for the patients of Lama Gangchen. Some small surgery equipment is used by our veterinarian who cares with medical treatments for the many animals living in our monastery.



Goldsmith's workshop



Joinery

A goldsmith's workshop, a joinery, Wellness (foot care and reflexology) as well as a barbershop with three employees belong to our daily monastic life.





The Potala Arts & Crafts Shop enlarged and offers a great variety of buddhist ritual items and together with other crafts mainly delivered by Jamyang Sengye from Kathmandu/ Nepal.



And last but not least „Backwahn - the bakery“, a successful business company with delicious cakes and cookies, which helps to sustain the people of the village and surroundings as well as the monastery.

Annually we invite His Holiness Lama Gangchen Rinpoche as guest of honour to our big sangha feast, with far more than thousand guests, to honour the United Peace Artist Ensemble. To speak in the words of Lama Gangchen Rinpoche: “Today gompa, tomorrow theatre, the day after tomorrow assembly hall...” - really a true, open mind. We are looking forward to his next visit!.



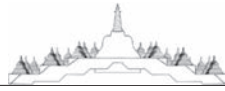


**Recalling 2008 Olympics in Olympia with  
Lama Gangchen and Lama Sonam**

in the very ancient Greek sanctuary site  
dedicated to the worship of Zeus,  
in whose honour the Pan-Hellenic Olympic  
Games were held every four years  
from 776 BCE to 393 CE.

Olympia is listed by UNESCO as a World  
Heritage Site.





## Athens - Greece



### Sonam Khachu Ling



Under the caring guidance of Lama Sonam Tempa Lama, the centre in Pallini on the outskirts of Athens offers regular teachings and events in a very familiar and welcoming atmosphere. Moreover, Lama Sonam is also a much appreciated counsellor, giving both physical and mental support to those in need. Moreover, due to the economic crisis in Greece, they try to provide what they can to people in need.



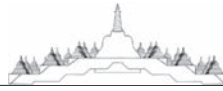




NgalSo-España

ངལ་གསོ་Gangchen Jangchub Ling





# ཨ་གངས་ཅན་ཚེ་རིང་རྫོང་།

## Gangchen Tsering Jong - Gangchen Place of Long Life

Gangchen Tsering Jong is located in the rural farm El Cortijuelo at Busquistar (Granada) in La Alpujarra Mountains in Southern Spain. Located in the Paraje de Los Llanos, one of the highest spots in Spain, it lies within the Sierra Nevada Natural Park and forms part of an ecological reserve.

The Cortijuelo farm is divided into two parts: the old farm (Cortijuelo Viejo) with a total area of 31,756 m<sup>2</sup> and containing the ruins of the old farmhouse; and the new farm (Cortijuelo Nuevo) with a total area of 79,865m<sup>2</sup> with its beautiful house of more than 300 m<sup>2</sup> in perfect condition.

The Sierra Nevada Natural Park is considered by the EU as a Special Area of Conservation (ES6140004) as well as a Special Protection Area for birds (ES6140004), included in the 2000 Natura Network. Since 1986 it has been recognised as a Biosphere Reserve and features in the European Charter for Sustainable Tourism in Protected Areas.

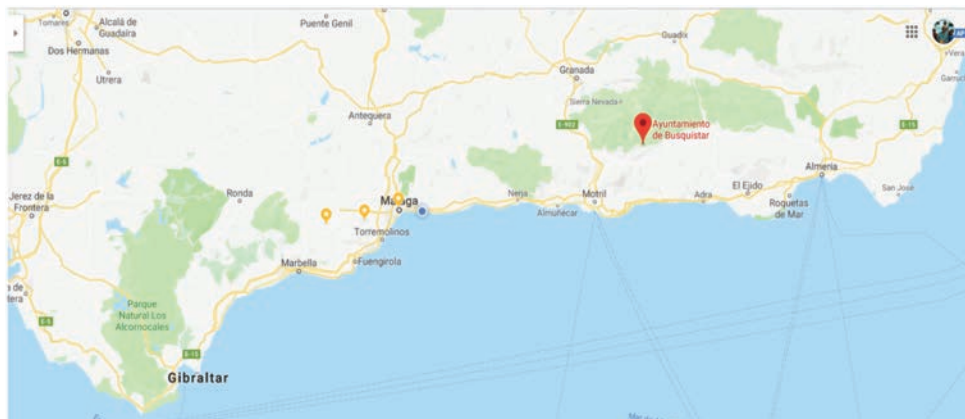
The entire area is considered a BIC (Cultural Heritage Site) and is denominated as a Site of Historic Interest by the Spanish Government.

<http://www.juntadeandalucia.es/medioambiente/site/portalweb/menuitem.f497978fb79f8c757163ed105510e1ca/?vgnnextoid=453e545f021f4310VgnVCM1000001325e50aRCRD>

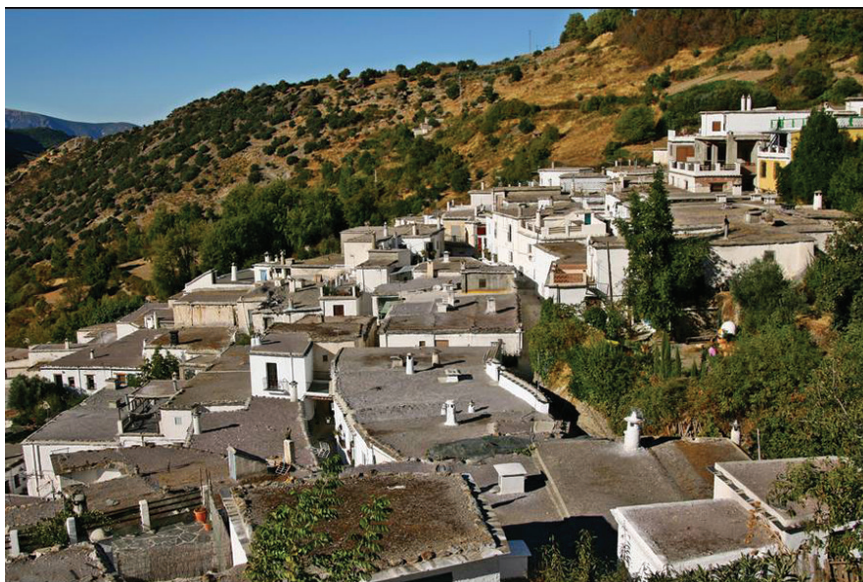
From the nearest town of Busquistar, follow the main A-4132 road for 2.5 km until a turn-off where, after an easy 1.3 km along an unmetalled track, you reach the estate of Tsering Jong.

Distance	Time
To the Granada coast (Motril)	57.8 km. 1 hour and 15 minutes
To Granada city	83.7 km. 1 hour and 40 minutes
To Málaga city	140 km. 2 hour and 8 minutes
To Almería city	126.6 km. 2 hour and 8 minutes

The nearest village: Busquistar (Granada)







Lama Gangchen Rinpoche's visit to Tsering Jong (1990)

During the summer of 1990, Lama Gangchen Rinpoche visited the site, celebrating a blessing ceremony and naming it as "Tsering Jong" (Place of Long Life).

In June of 1992, during his teachings as part of the Dharma Holidays programme, on his third visit



to Spain, and his second to Malaga, Lama Gangchen Rinpoche said:

*“Now we are in a Dharma Centre in the city, but I do not forget that there is land in the mountains, Tsering Jong - Place of Long Life, which I have visited: a very clean land, very quiet, with its own water source, very pure and with a house half built.*

*We need to develop that place ... whoever wants can work there to rebuild that ... because, although we are working more in the city, we have to start, always keep that project in our mind, until we find the moment when it is gradually developing and one day, come true. “*

View from the Centre in the new part of the Cortijuelo Nuevo



Ruin of the old farmhouse (thanks to which we can rebuild the house avoiding the old the restrictions on construction that apply inside the Sierra Nevada Natural Park)





House on the new side of Cortijuelo Nuevo



Part of the Retreat Centre

### A brief history



The Centre's Greenhouse:  
Buddha Garden



A room in the Centre



One of the kitchens in the Centre

After buying the old farm of Cortijuelo Viejo in 1990, we offered it to Lama Gangchen Rinpoche to develop a Rural Centre, without having a very clear ideas of what or how... At that time Rinpoche advised us to start developing a City Centre and to create the conditions for the future. The land remained dormant, used only by goats and horses.

At the end of 2018 some members of our Spanish Sangha were looking for a place in the countryside and their enquiries rekindled our interest in the Tsering Jong land. After collecting the necessary money, we registered the land and pooled its ownership in Josemaria's name, waiting for the appropriate moment to donate the entire property to the Buddhist Community Gangchen Jangchub Ling, NgälSo España.

The pure water spring on the land is co-owned with the neighbouring estate, Cortijuelo Nuevo.



This belonged to Dieneke, a Dutch-British woman, sometime practitioner of meditation, who had lived there for more than 18 years. We visited her to establish the conditions of how to share the springwater and, from the very beginning, she supported our project to rebuild the existing ruin, giving us all the necessary support. Even at our first meeting, out of generosity, she donated to us her rich collection of Dharma books, and her four-wheel-drive BMW that provides the means to move up and down the ancient dirt tracks that in urgent need of remodelling of the area; thus a nourishing relationship of mutual trust began.



Creating the conditions to start a Centre

Blessed by double rainbow

Dieneke's dream had been to dedicate her place to a Meditation Centre, so with this conjunction of aspirations between all of us, we started to discuss the conditions of the Centre that would be created. Rinpoche gave very clear guidelines:

"The Gangchen Tsering Jong Centre should be: a peaceful non-sectarian retreat centre, open to people of all spiritual traditions, or who wish to contemplate nature and in relax in the pure environment of the Sierra Nevada Natural Park, to recover their health of body and mind, or to anyone who wishes to stay in a shorter or long-term retreat".

Moreover, the Centre is located in an area that has ample opportunities for trekking along the "caminos reales" or royal highways -- medieval routes, long distance European paths (like the GR-7), and many of these routes are also bridleways and cycle paths.

Finally, to start to run the Gangchen Tsering Jong Meditation Retreat Centre, Dieneke and Josemaria signed an agreement of free use of the both properties, with the Spanish NgalSo Community. Rinpoche express His joy with these words:

*I am so touched and so appreciative of how deeply Mrs Dieneke is embracing all these ideas and understands our mission and is joining by granting the free use of her neighbouring property "El Cortijuelo Nuevo" for the use of the Buddhist Community of Gangchen Jangchub Ling Ngalso Espana. For many years we have been working in this direction, and it is so great that someone recognises this and gives support. In this way our Cortijuelo Viejo and Dieneke's Cortijuelo Nuevo are joining together, as in ancient times they were originally from one family, so now they are returning together with a new spirit, motivated by love and compassion, to work for developing a peace culture, and that is so good.*



On September 5th 2019, Rinpoche visited the Centre, where with a group of friends we perform a collective Guru Puja practice. Then we visited the region and slept in a remarkable Hotel ([www.castanarnazari.com](http://www.castanarnazari.com)) in a neighbouring village.

At the Castanar Nazari Hotel, we met the hotel's owner and director, an excellent photographer recently arrived from Mongolia, who shared with us his inspiring graphic work:

Then Rinpoche and His entourage continued his tour as far as Almeria, where the main Centre of our NgalSo lineage in Spain is situated. <http://entornodepaz.org/>



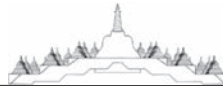
Picture of a Mongolian Monastery



At the Castanar Nazari Hotel



The meditation hall of the Centre Entorno de Paz in Almeria



**The next steps to continue developing the Meditation Retreat Centre are:**

Tree Project: Plantation of 108 local trees for Rinpoche's long life, a water system for irrigation and a fence to protect the new trees from wild animals.

Reparation and concrete paving of the access road to the Centre.

Repairs to the house and necessary changes to adapt for new use as a Meditation Retreat Centre.

Analysis of the purity of our natural spring of water to supply the house needs.

Project and future plans to rebuild the old farm as a new Dharma Retreat Centre.

*For further information, support and collaboration please contact: [info@ngalso-esp.org](mailto:info@ngalso-esp.org)*

**"Together we can"**

NgalSo Spain organises and supports different activities during this year, to mention a few:

Creation of a web site [www.ngalso-esp.org](http://www.ngalso-esp.org) with several e-mail addresses to organize the Community. For any further information write to [info@ngalso-esp.org](mailto:info@ngalso-esp.org). Here a QR code to access to the web site directly.

A Facebook page done by Lama Caroline counting almost 5000 followers from all over the world and through that page we could transmit in streaming the last session of teaching everywhere.

Monthly activities for our friends and members (the Guru Puja practice, the NgalSo tantric Self-Healing practice, a group of study and discussion about the teachings of our lineage...)

A full day course teachings on Maritse by Lama Caroline. (Spread through streaming). A Yoga weekend course...

Creation of a team group about funeral NgalSo Buddhist process, (incorporating NgalSo Chile and Argentina), collecting religious, legal, and social practical needs for preparing our good bye to this life and smiling to the next one!

Creation of NgalSo Self-Healing pedagogical tools for children group (integrating NgalSo Brazil and Italy) such as: Muppet dharma show! And art to initiate to children hospitalized in a healing meditation.

Participation in the EBU (European Buddhist Union) in April 2018, under the title: "Spreading Wisdom and Compassion in European Societies". On that occasion, we gave an invitation letter, from Lama Gangchen Rinpoche, to the president of the EBU to celebrate their next meeting in Albagnano (Italy).

Helping Spanish Sangha in getting the opportunity to participate in the Vajravali retreat in Albagnano Healing Meditation Centre.

Fundraising to build the Temple of Heaven on Earth in Albagnano and Fundraising to enlarge the Labrang in Almeria.

Participation in an Interreligious meeting in Madrid in October 2018.

And last but not least... Preparing and spreading the agenda for NgalSo activities...

The newly formed Buddhist Community Gangchen Jangchub Ling, NgalSo Spain, will communicate all Lama Gangchen Rinpoche's peace messages, seeds for all our hearts, to the NgalSo Spain Sangha, sharing with our Sangha sisters from South America too.... Making it so that Rinpoche's inner peace spirit becomes inseparable from ours for the benefit of all.

**With Love - NgalSo Spain Team**





L.G.I.G.PF

## Lama Gangchen International Global Peace Foundation



The Lama Gangchen International Global Peace Foundation (LGIGPF) contributes to inner peace, world peace and mental and physical health through the promotion, translation, distribution and keeping alive of the spiritual and cultural heritage of Lama Gangchen Rinpoche and NgalSo Western Buddhism, the NgalSo Ganden Nyengyu lineage.

The aim of LGIGPF therefore is to ensure peace with the environment, mental and physical health, inner and world peace. The principles of the foundation are based on the Vajrayana Buddhist philosophy.

The foundation seeks to promote this goal for the well-being of all beings, without any form of discrimination.

The LGIGPF foundation also has an international character and as such focuses on the international interest and can develop activities all over the world. It has an ideal objective and not a profit motive. It is run entirely by volunteers.

Furthermore, LGIGPF performs all activities that are related to the above in the broadest sense or that may be conducive thereto.

LGIGPF seeks to achieve this goal by: organising meetings, conferences and lectures on a national and international scale, and producing or producing, publishing and distributing publications. And to bring this to the attention via the media, where necessary and useful.

And also, by maintaining contact with and supporting other foundations with a similar purpose; and with all other organizations that can contribute to the realisation of the goal through the use of volunteers, holding meetings, organising activities in the broadest sense of the word, and furthermore through all other legal means that can promote the goal.



*Member of the Buddhist Union of the Netherlands (BUN)*



## NgalSo Buddhist Community Mani Bhadra Wishfulfilling Meditation Centre



*Mani Bhadra Wishfulfilling Meditation Centre is Lama Gangchen Rinpoche's Dharma Centre in The Netherlands.*

*He named and opened it in 2016, and it has since been a stable place for Dharma practice in accordance with the NgalSo Garden Nyengyu Lineage.*

*Lama Gangchen Rinpoche, his heart son Lama Michel and heart daughter Lama Caroline, visit the centre each year for transmissions and teachings.*



Jan with his Phoenix Import International translators team

*Weekly, the Guru Puja and NgalSo Tantric Self-Healing are practised, under the guidance of students of Lama Gangchen.*





Borobudur ...  ... Argentina





This year the activities were carried out at Maritse Center located in San Telmo, Buenos Aires. It was a very rich experience since it was the first time several people had direct contact with a buddhist master and all were delighted to receive her for the first time.

Lama Caroline also gave a public conference at the Escuela de Estudios Orientales (School of Oriental Studies) of Universidad del Salvador, in a room full of people who attended gladly to her meeting and listened her teachings with an open heart.





 **USAL**  
UNIVERSIDAD  
DEL SALVADOR  
*Ciencia a la mente y virtud al corazón*

**USAL**  
más de  
**60**  
años

**Cómo mantener nuestra luz interior y paz interior  
cuando las cosas salen mal**

Conferencia



Objetivos:  
Abordar desde la perspectiva  
del Budismo Tibetano  
cómo disminuir las emociones  
negativas que debilitan nuestra  
paz interior.

Fecha de realización: miércoles 8 de mayo  
Horario: de 18.30 a 20.30  
Profesional a cargo: Lama Caroline  
Lugar: Escuela de Estudios Orientales, Lavalle 1878, CABA

Actividad no arancelada  
Informes: [uds-orie@usal.edu.ar](mailto:uds-orie@usal.edu.ar)





Borobudur ...



... Brazil



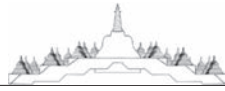
Shide Tso Chog











Eloise and Maurizio's  
daughter Andrea marriage with Christopher





CTE  
Businessmen Meeting  
with Lama Michel

